



## **Ages 11 – 13 General Lesson Plan**

Mary's Meals is administered through Scottish International Relief a company limited by guarantee  
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## AGES 11-13

### Success Criteria:

All children engage in discussion about the different issues faced by other children around the world.

### Lesson Aim:

Consider the work of Mary's Meals in order to gain an understanding of the poverty in which many people around the world live.

**Additional resource:** Morality Discussion PowerPoint

### Task 1

Using Mary's Meals leaflets and/or our website, list the countries in which the charity works.

HINT: There are fourteen

Using a blank map and an atlas, highlight each one of these countries.

Now consider the following questions:

1. Have you ever visited any of these countries?
2. What do you already know about these countries?
3. Which of these countries are in Europe?
4. What do you think that the UK has in common with these countries? And the differences?

### Task 2

Now watch either of the films below (downloadable from the website), and collect as much information as possible from it, either with or without the prompt questions below.

<b>"Feeding the Future"</b>	
<b>Questions</b>	<b>Answers</b>
How many children did not go to school today, because of poverty?	150 million
How old is the boy who lives on a railway station in India?	6 years old
Where does Rose live? Does she live alone?	She lives in Rwanda, and looks after her baby sister
How is an education important to a child's future?	It allows them to free the poverty trap
How does receiving a daily school meal help their education?	It helps their concentration, performance and results. It means that they are in school longer, with full stomachs, and they don't need to worry about food
Why do people in Malawi volunteer to produce the meals?	Because they see how important it is for their child's education
How often did Joseph have food at home?	Rarely
How many children will die today due to hunger related causes?	16,000

**"The Backpack Project – A School Report"** (also available on DVD)

Questions	Answers
How much, on average, do parents earn in a week in Malawi?	Less than £2
How does living in poverty effect these children's life expectancy?	They will likely die before they are 38 years old
What does Peter Nkata say about a ball point pen?	He asks you to imagine given one to someone for Christmas
According to this film, how many children receive Mary's Meals in Africa	More than 350,000

### Task 3

Write a food diary of everything you ate yesterday (or start one now and do as a homework exercise for next lesson). Also write a diary of all the school materials you used today/ yesterday/ tomorrow, such as textbook x3, pencil, jotter x 2, and so on. Now, imagining you are one of the children in the films, score out all those things that you think they do not have. Would you have gone to school, if you were one of the children in the film?

### Further Topics

- Using the facts that you have learned about poverty, and the information available about Mary's Meals on our website and in leaflets, make a poster advertising the charity.
  - if you are running a Mary's Meals fundraising or Backpack appeal, why not use these posters to advertise it around the school and community?
- Discussion point: We have seen from the film that sending school materials is really important, to allow these children to get an education.

But can you think why sometimes sending goods might be damaging for the recipient?

- Consider sending food, would this effect local farmers and their ability to sell their food? Where does Mary's Meals source its food?
 

Ans: Mary's Meals sources all of its food locally. This not only keeps costs down, vitally, it helps local producers and processors too.
- What about other types of aid, like the backpacks?
 

Ans: As with sending food, we would not want to send goods that could be sourced locally and therefore benefit the community if we were to buy them there. However, the items that we send are ones that are not available locally, or that are prohibitively expensive.