



Lettie

Daily meals, lasting change.

After losing both her parents at the age of nine, Lettie left school to care for her two younger brothers. All three of them faced severe hunger.

In 2012, Lettie met Mary's Meals Founder and CEO Magnus MacFarlane-Barrow while he was filming *Child 31*, the first Mary's Meals documentary, in Malawi. Shortly after, Lettie was able to join her brother Anderson at school and complete her primary education - fuelled by daily school meals. Although she had her sights set on secondary school, the cost of fees meant the next stage of her education was out of reach, until her life took an unexpected turn.

Lettie's story continues to resonate with audiences of all ages. This 2026 feature film reflects on her life and the experiences that shaped her, including the school feeding programme that played such a vital role in her childhood. She meets past and present recipients of Mary's Meals and volunteers who prepare and serve the meals every school day.

Lettie also explores the ongoing need for school meals in Malawi and beyond and accepts a special invitation to share her testimony before an international audience.

About Mary's Meals

Mary's Meals provides nutritious daily meals to children living in areas of great need, where poverty and hunger often hold them back from education. Our idea is simple: serving daily meals in places of education brings children into the classroom and gives them energy to learn.

Our approach is low-cost and high impact: the cost to feed a child for a whole school year with Mary's Meals is just €22 (EUR) / \$25.20 (USD) / £19.15 (GBP).

The idea for Mary's Meals was born in 2002, when Magnus MacFarlane-Barrow (Founder and CEO) visited Malawi during a famine and met a mother dying from AIDS. When Magnus asked her eldest son Edward about his dreams for the future, he replied: "I want to have enough food to eat and to be able to go to school one day."

What started as a small school feeding programme serving just 200 children in Malawi in 2003 now provides daily meals to more than 3 million children every school day in 16 countries, including Haiti, Syria, Zambia, Madagascar, Ethiopia, and South Sudan.

Today, we are among the largest non-governmental organisation providers of school meals, delivering meals for children at scale using locally procured food and working alongside communities, governments, and partners to generate lasting change. Community

commitment is key to the long-term success and sustainability of our programme. Our experience shows that equal, trusting partnerships between schools, communities and Mary's Meals are essential for effective school feeding.

Driving our work forward are fundraisers, volunteers, and supporters around the world who share their money, time, skills and prayer. We also have a thriving Youth Ambassador programme (as mentioned in the film), with volunteers in more than 20 countries, including Malawi, who are helping to raise awareness and funds to reach more children still waiting for Mary's Meals.

Mary's Meals has National Affiliate offices in Australia, Austria, Canada, Croatia, Czech Republic, France, Germany, Ireland, Italy, Poland, Slovakia, Spain, Switzerland, UK, and USA, as well as international fundraising groups in Belgium, Netherlands, Hungary, Portugal, Hong Kong, and Slovenia. We also have an office and Information Centre in Medjugorje, Bosnia-Herzegovina.

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meals

To find out more about
Mary's Meals and for ways
to get involved, please
visit www.marysmeals.org

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a simple solution
to world hunger

Screening Pack

Top tips for hosting a film screening

Screening Pack

Choose your venue

You can host a screening at your home, office, church, school, club or local cinema. Wherever you choose, make sure it is easy to find, accessible and welcoming, and that it has sufficient capacity and suitable audio-visual equipment.

Choose a suitable date and time

Consider the most convenient time for your audience. Are evenings or weekends more suitable? If you are hosting at an office or school, maybe lunchtime the best option. Don't forget to think about how long the screening will last and allow time for a welcome and introduction as well as the film (Lettie is approximately 38 minutes long), and any other activities you have planned.

Ensure your audio-visual equipment is fit for purpose

The equipment you need will depend on the location of your screening. For example, the requirements for a living room differ from those of a large church hall. Is your TV suitable, or do you need to borrow a projector? Don't forget speakers and check for any potential glare on the screen. Always test your equipment ahead of the screening.

Consider a fundraising element

Film screenings are a great way to raise funds for Mary's Meals. You could organise a raffle, host a quiz or pass around a collection bucket during the screening. If your event is held at a school or workplace, you could host a lunchtime screening and invite people to donate the value of their lunch to Mary's Meals. Your local Mary's Meals office can support you with fundraising ideas, so don't hesitate to get in touch.

Be prepared to answer questions

People attending your screening may want to learn more about Mary's Meals. There are many useful resources available on our website to help you answer questions about our work. You can also request a Mary's Meals volunteer speaker to attend your screening event by contacting your local office.



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Create a schedule for promoting your screening

Planning and promoting the event in advance will help increase attendance. Included in this screening pack are posters for advertising your screening. You can also download the poster file from our website to print your own. Sending personal invitations by post, email, or via social media is another great way to build momentum.

Recruit some volunteers

Lighten the load by getting others involved. Ask someone to lay out chairs or greet guests as they arrive. Could someone help display posters in local businesses or around your local area? Is there someone who could send out invitations? Can you task someone with promoting the screening at work, school or church? The extraordinary generosity of volunteers all over the world is just one of the things that makes our work so unique – recruit some of them to support your event!



Invite guests to get involved

There are many ways people can get involved and support our work by offering their money, time, skills or prayer. Your event is a perfect opportunity to highlight them – especially for those who are new to Mary's Meals. Ask attendees if they are interested in hosting their own screening or if they have other interests that could turn into fundraising activities. Encourage them to sign up for updates on our website and to speak to their friends and family about ways they can help you to raise funds such as taking part in Mary's Meals' flagship fundraising campaign, Feed a School.

